



Monthly Specials

April

Sale Prices In Effect March 28 – May 1, 2024

3/\$10

**Campbell's
Chunky Soup
or Chili**

Select Varieties.
Chunky Soup 515 mL.
Chili 425 g.



5⁴⁹

**Cracker Barrel
Cheese Slices**

Select Varieties.
200 - 240 g.



23⁹⁹ **Tim Hortons Coffee**
Select Varieties. 875 - 930 g.



3/\$9 **Kellogg's Cheez-Its**
Select Varieties. 191 - 200 g.



3⁹⁹ **VH Sauces**
Select Varieties. 341 - 355 mL.



4⁹⁹ **Healthy Choice Simply
Steamers**
Or Gourmet Steamers. Select Varieties.
Frozen. 255 - 306 g.



7⁹⁹ **Purex Bathroom Tissue**
Double Roll. 242 Sheets. 2 Ply. 8 Roll.



8⁹⁹ **High Liner Family Favorites**
Or Fish Wings. Select Varieties. 454 - 700 g. Frozen.

Look for the



symbol that identifies product throughout the store.

COMPARE THE SAVINGS!

Grocery



2⁴⁹ Mr. Noodles
Instant Noodles
Chicken or Beef. 5 x 85 g.



3/\$8 Campbell's Broths
Select Varieties. 900 mL.
Concentrated 250 mL.



2/\$6 Campbell's Ready to
Serve or Habitant Soup
Select Varieties. 515 mL.
Habitant 796 mL.



1⁹⁹ Franco-American Gravy
Or Campbell's Spagettios
425 mL. Select Varieties.
Franco-American 284 mL.



2¹⁹ McCormick Sauce
or Gravy Mixes
Select Varieties. 30 - 56 g.



4/\$7 Brunswick Seafood
Snacks
Or Sardines. Select Varieties.
92 - 100 g.



4⁹⁹ Clover Leaf
Sockeye Salmon
Flaked. 142 g.



3⁴⁹ Clover Leaf Tuna
Flaked Light in Olive Oil. 142 g.



2/\$5 Burns Flaked Meat
Ham, Chicken or Turkey.
156 g.



5¹⁹ Maple Leaf Klik
Luncheon Meat
Select Varieties. 340 g.



2⁴⁹ Carnation
Evaporated Milk
Select Varieties. 354 mL.



3⁴⁹ Eagle Brand
Condensed Milk
Select Varieties. 300 mL.



5⁹⁹ Magic Baking Powder
450 g.



\$1 Jell-O Jelly Powders
Select Varieties. 9 - 85 g.



1²⁹ Jell-O Instant
Pudding Mix
Select Varieties. 30 - 113 g



4⁹⁹ Hunt's Snack Pack
Puddings
12 x 99 g.



7⁹⁹ Larabar Gluten Free
Snack Bars
Select Varieties. 225 - 240 g.



8⁹⁹ Kellogg's Jumbo Bars
or Squares
Or Pop Tarts. Select Varieties.
500 g. - 1.152 kg.



4⁹⁹ Kraft Peanut Butter
Select Varieties. 500 g.



8⁹⁹ Beemaid Honey
Select Varieties. 500 g.



3⁹⁹ Hidden Valley Dressings
Select Varieties. 473 mL.



5⁴⁹ Heinz Sauces
Lea & Perrins Worcestershire
Sauce 284 mL. Select Varieties.
HP Sauce 400 mL.



5⁴⁹ French's Ketchup
1.5 Litre.



2/\$9 Frank's Red Hot Sauce
Select Varieties. 354 mL.



4⁹⁹ Matt & Steve's
Extreme Beans
Select Varieties. 500 mL.



3⁴⁹ Tilda Rice
Select Varieties. 250 g.



2⁹⁹ China Lily Soya Sauce
483 mL.



8⁹⁹ Kraft Grated Parmesan Cheese
Regular or Light. 250 g.



3⁹⁹ Kraft Shake 'n Bake Coating Mix
Select Varieties. 142 - 184 g.

Look for the Family Values symbol



that identifies product throughout the store & compare the savings.

Beverage & Snacks



2/\$8 Pringles Mega Potato Crisps
Select Varieties. 194 - 203 g.



2/\$3 Compliments Snacks
Party Mix, Cheese Crunchers or Sticks or Corn Chips. 120 g.



749 Compliments Peanut Butter Filled Pretzels
680 g.



599 McSweeney's Jerky
Select Varieties. 70 - 80 g.



1399 Jack Link's Beef Jerky
Select Varieties. 230 g.



2/\$11 Coca-Cola 6 Pack Soft Drinks
Select Varieties. 6 x 710 mL.



899 Monster Energy Drinks
Or Reign. Select Varieties. 4 x 473 mL.



699 Gatorade
Select Varieties. 6 x 591 mL.



399 Red Bull Energy Drink
Select Varieties. 473 mL.



2/\$9 Mott's Clamato Juice
Select Varieties. 1.89 Litre.



499 Maxwell House Instant Coffee
Select Varieties. 150 g.



2/\$7 Sun-Rype Juices
Or Slim Beverages. Select Varieties. 1.36 Litre.



399 Oasis Juices
Or Arizona Iced Tea. Select Varieties. 8 x 200 mL.



199 Compliments Juice
Or Punch. Select Varieties. 1 Litre.



329 Carr's Water Crackers
Select Varieties. 125 - 150 g.



399 McVitie's Digestive or Hob Nob Cookies
Select Varieties. 300 - 400 g.



2/\$6 Voortman's Wafers
Select Varieties. 300 g.



3/\$10 Pepperidge Farms Goldfish Crackers
Select Varieties. 156 - 227 g.



2/\$5 Dare Econo Pack Cookies
Select Varieties. 280 g.



2/\$6 Hershey Chocolate
Select Varieties. 87 - 104 g.



399 Koala King Kone Candy
280 g.



2/\$7 Lindt Swiss Classic Chocolate Bars
Select Varieties. 100 g.



549 Nestle Chocolate
Select Varieties. Multipacks, Cellos or Pouches 135 - 208 g.



499 Dare Candy
Select Varieties. 500 - 700 g.

Produce, Bakery & Deli



499 Renee's Dressings
Select Varieties. 350 - 355 mL.
Each



699 Pulp & Press Juice Company Fresh Juices
Select Varieties. 355 mL.
Each



749 Promise Gluten Free Buns and Rolls
Select Varieties. 180 - 280 g.



399 Summer Fresh Hummus or Dips
Select Varieties. 200 - 227 g.
Each



699 Quality Multipack Sandwiches
Select Varieties. 375 - 495 g.
Works out to only \$2.33 per Sandwich or \$3.50 per Burger!

This symbol denotes: Plus deposit and/or environmental levies where applicable.

Bring home the savings

with our



Chilled & Frozen



3⁴⁹ Pillsbury Rolls or Sweet Goods
Select Varieties. Rolls or Biscuits 318 - 351 g. Pizza Crust 391 g. Cookies 468 g.



3⁹⁹ Kozy Shack Puddings
Select Varieties. 624 g.



5¹⁹ Simply Juices or Beverages
Or Gold Peak Beverages.
Select Varieties. 1.54 - 1.75 Litre. 🌱



3⁴⁹ Heluva Good Dips
Select Varieties. 250 g.



3/\$5 Milk 2 Go or Nestlé Milk Shakes
Select Varieties. 473 mL. 🌱



4⁹⁹ Nestle Coffee Mate
Select Varieties. 946 mL. 🌱



2⁹⁹ Lactantia or Parkay Margarine
Select Varieties. 427 g.



6⁹⁹ Danone Oikos Greek Yogourt
Select Varieties. 650 - 750 g.



6⁴⁹ Kraft Philadelphia Cream Cheese
Or McLaren's Imperial Cheese 230 g. Select Varieties. 340 g.



11⁹⁹ Kellogg's Eggo Waffles
1.68 kg. Frozen.



3/\$5 Minute Maid Beverages
Select Varieties. Frozen. Or Nestea Iced Tea or Fruitopia. 295 mL.



4⁹⁹ Popsicle Ice Novelties
Select Varieties. 576 - 600 mL. Frozen.



15⁹⁹ Each
Montana's Canadian Angus Beef Burgers or Pork Back Ribs
Select Varieties. 650 - 906 g. Frozen.



7⁹⁹ Each
Grimm's Sausage Rings
Select Varieties. 300 g.



6⁹⁹ Each
Freybe European Wieners
Or Mennonite Farmer Sausage. 375 g.

Household & Pet



5⁹⁹ Cashmere Dinner Napkins
50's



7⁹⁹ SpongeTowels
2 Roll. Ultra Choose a Size 144 Sheet.



5⁴⁹ Pine-Sol Liquid Cleaner
Select Varieties. 1.41 Litre.



5⁴⁹ Clorox Bleach
2.4 Litre.



11⁴⁹ Glad Garbage Bags
Select Varieties. 20's - 40's.



16⁹⁹ Kingsford Charcoal Briquets
7.3 kg.



5⁹⁹ Compliments Scoopable Clumping Cat Litter
4 kg.



7⁹⁹ Caledon Farms Dog Treats
Select Varieties. 110 - 265 g.



8⁹⁹ Milk Bone Dog Treats
Select Varieties. 2 kg.



12⁹⁹ Meow Mix Tasty Layers Variety Pack Cat Food
936 g.

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