



2⁹⁹
Each

Fresh Produce

Fresh Blackberries or Raspberries
Product of Mexico. 170 g.



4⁹⁹ lb
11.00/kg

Fresh Meat

Short Rib Style Boneless Brisket
Cut From Canada AA or Higher.

Easter
Baking

6⁹⁹

Imperial Margarine
Soft Tub or Quarters. 1.28 - 1.36 kg.



5⁹⁹

Rogers Sugar
Fine Granulated. 4 kg.



4⁹⁹

Robin Hood Flour
Select Varieties. 2.5 kg.

4⁹⁹
Each

Red, Yellow and Orange Bell Peppers
3 Pack.
Product of Mexico.



4⁹⁹

Chapman's Ice Cream or Novelties
Select Varieties. Ice Cream 2 Litre.
Super Premium Plus 500 mL.
Novelties 440 mL. Frozen.



4/\$5

Kraft Dinner or Side Dishes
Or Cups 58 g.
Select Varieties.
175 - 200 g.



2/\$7

Dempster's Texas Toast
White or 100% Whole Wheat. 675 g.



2/\$14

Pepsi 12 Pack Soft Drinks
Select Varieties.
12 x 355 mL.

Meal Inspiration & Savings From our Family to Yours

Open Sundays in select locations only. familyfoods.ca

Sale Prices in Effect

MAR 2024	thu 14	fri 15	sat 16	sun 17	mon 18	tues 19	wed 20
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British Columbia Port Alice Family Foods, Port Alice • **Alberta** Beachside Market, Alberta Beach • Evansburg Family Foods, Evansburg • Food Market Coaldale, Coaldale • Gregoire Family Foods, Fort McMurray • KC Foods, Cremona
Saskatchewan Luseland Family Foods, Luseland • **Manitoba** Ashern Foods, Ashern • Watt Street Family Foods, Winnipeg • **Ontario** Family Foods Centennial, Thunder Bay • Renco Foods, Thunder Bay
North West Territories Kaeser's Stores, Fort Smith

Some items may not be available at all stores. All advertised items are on sale while stock lasts. We reserve the right to limit quantities. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.

This symbol denotes Plus deposit and/or environmental levies where applicable.

Grocery



4.49 General Mills Cereal
Select Varieties. 300 - 430 g.



3.79 Quaker Instant Oatmeal
Select Varieties. 232 - 344 g.



4.99 Smucker's Jams
or Spreads
Select Varieties.
310 - 500 mL.



2/\$4 Green Giant Vegetables
Select Varieties. 341 - 398 mL.



1.89 Aylmer Tomatoes
Select Varieties. 398 - 796 mL.



2/\$6 Catelli Pasta
Select Varieties. 375 - 500 g.



2/\$5 Catelli Garden Select
Pasta Sauce
Select Varieties. 640 mL.



2/\$7 Kraft Shake'n Bake
Coating Mix
Select Varieties. 142 - 184 g.



1.99 Hunt's Snack Packs
Pudding or Juicy Gels.
Select Varieties. 396 g.



4/\$7 Clover Leaf Tuna
Or Salmon Salad 78 g.
Select Varieties. Skipjack
Tuna 170 g. Flavoured
Tuna 85 g.



2/\$5.50 Pepperidge Farms
Goldfish Crackers
Select Varieties. 156 - 227 g.



5.29 Christie Cookies
Select Varieties.
374 - 520 g.



2/\$7 Old Dutch
Potato Chips
Select Varieties. 235 g.
Ridgies 200 g.



2/\$9.50 Doritos
Tortilla Chips
Select Varieties.
210 - 280 g.



2/\$7 Quaker Crispy Minis
or Rice Cakes
Select Varieties.
Crispy Minis 90 - 100 g.
Rice Cakes 127 - 199 g.

Bakery



6.49 Special D Donuts
Select Varieties. 6's.



9.49 Compliments Two Bite
Cinnamon Rolls
Or Fudge Brownie Bites.
595 - 608 g.



7.49 Top Dessert Mini
Cupcakes
Maple or St. Patrick's Day.
300 g. While Supplies Last.



3.99 Maxwell House
Instant Coffee
Select Varieties. 150 g.



3.99 Minute Maid
Beverages or Nestea
Select Varieties. 1.89 Litre
or 8 - 10 x 200 mL. ♻️

Deli



5.99 Olivieri Gnocchi
Skillet Entrees
Each
Select Varieties.
280 - 350 g.



13.99 Maple Leaf Natural
Selections Shaved Meat
Each
Select Varieties. 375 - 400 g.



1.69 Maple Lodge
Chicken Breast
100 g
Select Varieties.
Sliced or Shaved.



5.99 Folgers Coffee
Select Varieties.
272 - 326 g.



2/\$11 Coca-Cola 6 Pack
Soft Drinks
Select Varieties.
6 x 710 mL. ♻️



PROUD PARTNER OF THE NHL®



2/\$5

King Size NESTLÉ & NESTLÉ POPS
(63 – 96 g), assorted varieties
Mini Bars 108 – 120 g.

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2/\$3

NESTLÉ Single Bars
(38 – 60 g), assorted varieties



3/\$10

NESTLÉ Tablets
(90 – 130 g), assorted varieties



\$5.49

NESTLÉ Sharing Bags
(135 – 203 g), assorted varieties
& NESTLÉ Multipacks
(164 – 208 g), assorted varieties

Chilled & Frozen



4.99

Olympic Yogourt
Select Varieties. 650 g.



3.49

Lucerne Sour Cream
Select Varieties. 500 mL.



2/\$7

Del Monte Juice
Select Varieties. 1.6 Litre. ♻️



8.99

Kraft Singles
Cheese Slices
Select Varieties. 825 g.



2/\$7

Earth's Own
Beverages
Select Varieties
1.75 - 1.89 Litre. ♻️



4.99

Cracker Barrel Cheese
Or Cheese Snacks 168 g.
Blocks 270 g.



2/\$7

Pillsbury Toaster
Strudels
Or Toaster Scrambles.
Select Varieties.
204 - 326 g. Frozen.



5.49

Dr. Oetker Pizza
Select Varieties. Frozen.
Casa Di Mama 395 - 410 g.
Ristorante 320 - 390 g.



5.49

Rustica Pizza Singles
Select Varieties. 360 - 382 g.
Frozen.



4.99

Compliments Ice Milk
or Fruit Bars
Select Varieties. 450 - 720 mL.
Ice Pops 600 - 900 mL. Frozen.



3/\$5

Compliments Entrees
Or Compliments Balance.
Select Varieties. 227 - 284 g.
Frozen.



8.49

Swiss Chalet
Pot Pies
Select Varieties.
Frozen. 470 - 655 g.



15.99

Montana's Canadian
Angus Beef Burgers or
Pork Back Ribs
Select Varieties. 650 - 906 g. Frozen.



12.29

Compliments
Breaded Chicken
Select Varieties.
1.47 - 1.5 kg. Frozen.



5.99

Best Buy Shrimp
Raw 55/65 Count or Cooked
65/75 Count. 300 g. Frozen.

Household & Pet



9.49

Purex Bathroom Tissue
Select Varieties. Double 12 Roll
or Triple 8 Roll.



4.99

Pine-Sol
Liquid Cleaner
Select Varieties. 1.41 Litre.



9.99

Tide Laundry Detergent
Select Varieties. Pods 15's - 20's.
Liquid 1.36 Litre.



2/\$3

Whiskas Perfect
Portions Cat Food
Select Varieties. 75 g.



4.49

Milk Bone Dog Biscuits
Select Varieties. 340 - 900 g.

This symbol ♻️ denotes Plus deposit and/or environmental levies where applicable.

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Fresh Meat

5⁹⁹ lb
13.21/kg

Fresh Extra Lean Ground Beef
Less Than 10% Fat. Store may restrict to larger packs.



Fresh Produce

5⁹⁹ Each

Compliments Oranges
Product of U.S.A.
3 lb/1.36 kg.



13⁹⁹ Each

Compliments Beef Burgers
Select Varieties. Frozen.
1.13 kg.



3⁹⁹ Mott's Clamato Juice
Select Varieties. 1.89 Litre. ♻️



3⁹⁹ VH Sauces
Select Varieties.
341 - 355 mL.



4⁹⁹ Cracker Barrel Cheese Slices
Select Varieties.
200 - 240 g.



2⁹⁹ Liberté Mediterranean Yogourt
Or Greek Yogourt 4 x 100 g.
Crunch 2 x 130 g. Select Varieties.
Mediterranean 500 g.



4⁴⁹ Kellogg's Cereal
Select Varieties. 247 - 525 g.

Produce



2/\$4 Hass Avocados
Product of Mexico.



2⁴⁹ lb
5.49/kg Honeycrisp or McIntosh Apples
Product of Canada/U.S.A.



1⁹⁹ Each
Long English Cucumbers
Product of Canada.



2⁹⁹ Each
Celery Stalks
Product of U.S.A.



3⁴⁹ lb
7.69/kg Asparagus
Product of Mexico.

Meat*



4⁴⁹ lb
9.90/kg Fresh Pork Side Ribs



7⁴⁹ lb
16.51/kg Fresh Boneless Skinless Chicken Breasts



4²⁹ Each
Burns Wieners
Regular. 375 g.



3⁹⁹ Each
Schneiders Lunchmate Stackers and Kits
Select Varieties. 90 - 120 g.



5⁴⁹ Each
Johnsonville Sausages
Select Varieties.
500 g.

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Easter Goodies

Sale Prices in effect March 14 - 20, 2024
While Supplies Last



4/\$5

Cadbury Chocolate Bars or Dentyne Gum
Select Varieties.
Chocolate Bars 33 - 60 g.
Easter Cream Eggs 33 - 34 g.
Gum Each.



3⁴⁹

Allan Mr. Easter Bunnies
Select Varieties. 150 g.



3⁴⁹

Storck Toffifee
Select Varieties. 123 g.



2/\$7

Russell Stover No Sugar Added Chocolates
Select Varieties. 85 g.



4⁷⁹

Hershey's Eggies
Select Varieties. 185 - 340 g.



4⁹⁹

Nestle Hide-Me Eggs
Select Varieties. 100 - 150 g.



4⁹⁹

Nestle Chocolate Easter Bunny
Select Varieties. 85 - 145 g.



4⁹⁹

Cadbury Easter Mini Eggs
200 g.



5⁷⁹

Cadbury Mini Eggs
Select Varieties. 148 - 154 g.



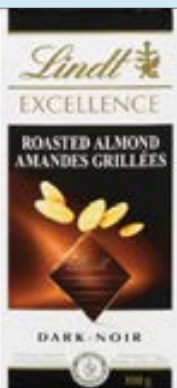
5⁹⁹

Lindt Gold Bunny
Or Mini 5 Pack. Select Varieties.
50 - 100 g.



6⁹⁹

Ferrero Kinder Surprise Egg
Select Varieties. 100 g.



3⁹⁹

Lindt Excellence Bars
Select Varieties. 50 - 100 g.



10⁹⁹

Compliments Candy Coated Milk Chocolate Eggs
650 g.



13⁹⁹

Kinder Easter Chocolate with Plush Toy
116 g.



18⁹⁹

Cadbury Mini Eggs
Select Varieties. 745 g.



18⁹⁹

Cadbury Mini Eggs
943 g.

Get Ready to



89¢

Jell-O Jelly Powders
Select Varieties. 9 - 85 g.



\$1

Jell-O Instant Pudding Mix
Select Varieties. 30 - 113 g



549

Knox Gelatin
84 g.



299

Pillsbury Rolls or Sweet Goods
Select Varieties.
Rolls or Biscuits 318 - 351 g.
Pizza Crust 391 g. Cookies 468 g.



649

Gay Lea Salted Butter
454 g.



699

Parkay Margarine
Soft 1.28 kg. Quarters 1.36 kg.



549

Kraft Philadelphia Cream Cheese
Or McLaren's Imperial Cheese 230 g.
Select Varieties. 340 g.



399

Compliments Whipped Topping
Regular or Light. 225 g or 1 Litre.



299

Compliments Muffin Mix
Select Varieties. 900 g.



249

Compliments Graham Crumb Pie Crust
Regular or Chocolate. 170 g.



349

Compliments Raisins
Select Varieties. 375 g



249

Compliments Coconut
Select Varieties. 200 g.

Bake



3⁹⁹

Compliments Flour
Select Varieties. 2.5 kg.



2⁹⁹

Compliments Chocolate Chips or Chunks
Select Varieties. 250 - 300 g.



6⁴⁹

Compliments Creamed or Liquid Honey
Select Varieties. 500 g.



2⁹⁹

Compliments Fancy Molasses
675 g.



3²⁹

Compliments Baking Nuts
Select Varieties. 100 g.



1⁴⁹

Compliments Coconut Milk
6% or 18% Fat. 400 mL.



1⁹⁹

Compliments Pineapple
Select Varieties. 398 mL.



2⁴⁹

Compliments Corn Starch
450 g.



1²⁹

Compliments Baking Soda
500 g.



2/\$4

Compliments Graham Crumbs
400 g.

3⁷⁹

Compliments Honey Graham Wafers
408 g.



Easter Baking

WHISK UP SOME EASTER MAGIC



2/\$4

Carnation Evaporated Milk
Select Varieties. 354 mL.



8⁹⁹

Robin Hood Organic All Purpose Flour
2 kg.



2/\$4

Betty Crocker Super Moist Cake Mix
Or Frosting 340 - 450 g.
Cake Mixes 375 - 404 g.



4⁴⁹

E.D. Smith Pure Pumpkin
796 mL.



5⁹⁹

E.D. Smith Pie Filling
Select Varieties. 540 mL.



5⁹⁹

Magic Baking Powder
450 g.



4⁴⁹

Baker's Chocolate Squares
Select Varieties. 170 - 225 g.



8⁹⁹

Crisco Vegetable Oil
1.18 Litre.



3¹⁹

Club House Artificial Vanilla Extract
43 mL.



3⁴⁹

Eagle Brand Condensed Milk
Select Varieties. 300 mL.



3⁴⁹

Sugar In The Raw
500 g.