



DOLLAR DAYS

Fresh Produce

\$5
Each



Orri Mandarin Oranges
Product of Israel.
2 lb/907 g.

Fresh Meat

\$11^{lb}
24.25/kg

Fresh Beef T-Bone Grilling Steak
Cut From Canada AA or Higher.



2/\$9

Johnsonville Ground Sausage
Or Breakfast Sausages. Select Varieties.
250 - 375 g.



\$6

Kraft Peanut Butter
Or Hazelnut Spread. Select Varieties.
725 g. - 1 kg.



\$4



Kraft Cheez Whiz or Singles
Or Philadelphia Cream Cheese 227 - 250 g.
Select Varieties. Cheez Whiz 450 g.
Cheese Singles 410 g.



249^{lb}
5.49/kg

Red, Yellow and Orange Bell Peppers
Product of Canada.



4/\$5

Kraft Dinner or Side Dishes
Or Cups 58 g.
Select Varieties.
175 - 200 g.



3/\$10

Old Dutch Potato Chips
Select Varieties.
235 g. Ridgies 200 g.



\$1

Yoplait Yop
Select Varieties.
200 mL.



\$20

Charmin Bathroom Tissue
Or Bounty Paper Towel Regular,
Select a Size or Prints. 6 Roll.
Bathroom Tissue Extra Strong or
Ultra Soft. Double 16 Roll.

Meal Inspiration & Savings From our Family to Yours

Open Sundays in select locations only. familyfoods.ca

Sale Prices in Effect

APR 2024	thu 18	fri 19	sat 20	sun 21	mon 22	tues 23	wed 24
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British Columbia Port Alice Family Foods, Port Alice • **Alberta** Beachside Market, Alberta Beach • Evansburg Family Foods, Evansburg • Food Market Coaldale, Coaldale • Gregoire Family Foods, Fort McMurray • KC Foods, Cremona
Saskatchewan Luseland Family Foods, Luseland • **Manitoba** Ashern Foods, Ashern • Watt Street Family Foods, Winnipeg • **Ontario** Family Foods Centennial, Thunder Bay • Renco Foods, Thunder Bay
North West Territories Kaeser's Stores, Fort Smith

Some items may not be available at all stores. All advertised items are on sale while stock lasts. We reserve the right to limit quantities. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.

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Grocery



2/\$9 Kellogg's Cereal
Select Varieties.
247 - 525 g.



2/\$9 Pearl Milling Company
Pancake Mix
Or Syrup 710 mL.
Select Varieties.
Pancake Mix 905 g.



2/\$9 Quaker Cereals
Select Varieties.
350 - 510 g.



3/\$7 Campbell's Cooking
Soups or Broth
Select Varieties. 284 mL.



\$5 Old El Paso
Dinner Kits
Select Varieties.
250 - 510 g.



2/\$6 Catelli Pasta
Select Varieties.
375 - 500 g.



\$2 Primo Pasta
Sauce
Select Varieties.
680 mL.



2/\$11 Heinz Ketchup or
Kraft Miracle Whip
Select Varieties. Ketchup
750 mL - 1 Litre. Mayonnaise
or Miracle Whip 650 - 890 mL.



\$3 Kraft Salad
Dressing
Select Varieties. 425 mL.



2/\$3 Ben's Original
Fast & Fancy Rice
Select Varieties. 132 g.



\$4 Christie Peak Freans
or Dad's Cookies
Select Varieties. 275 - 350 g.



3/\$9 Kellogg's
Cheez-Its
Select Varieties.
191 - 200 g.



2/\$8.50 Ruffles
Potato Chips
Select Varieties.
180 - 200 g.



2/\$8.50 Tostitos
Tortilla Chips
Select Varieties.
205 - 300 g.



2/\$6 Kool-Aid Liquid Drink
Mix or Crystal Light
Singles
Select Varieties. Singles 24 - 54 g.
Kool Aid, Tang, Country Time or
Mio Liquid 48 mL. 🌱

Bakery



\$7 Compliments
Muffins
Select Varieties.
400 - 440 g.



\$7 Compliments
Angel Food Cake
Regular or Mini.
270 - 283 g.



\$3 Compliments
**Hot Dog or
Hamburger Buns**
490 - 540 g.



2/\$4 Oasis or
Del Monte Juices
Or Arizona Iced Tea.
Select Varieties. 960 mL. 🌱



\$3 Coca-Cola 2 Litre
Soft Drinks
Select Varieties. 🌱

Deli



2/\$7 Schneiders Main
Street Deli Meats
Salami, Pepperoni or
Bologna. 200 - 250 g.



\$9 Mini Babybel
Cheese
Select Varieties. 240 g.
Each



\$1 Compliments
Cooked Ham
Sliced or Shaved.
100 g



\$7 Nabob Coffee
Select Varieties. 340 g.



7.79 Pepsi 12 Pack
Soft Drinks
Select Varieties.
12 x 355 mL. 🌱

Snacks



\$1

Mentos or Airheads Candy
Select Varieties.
37 - 57 g.



2/\$4

Cadbury King Chocolate Bars
Select Varieties.
66 - 90 g.



2/\$6

Hershey Chocolate
Select Varieties.
87 - 104 g.



2/\$7

Lindt Swiss Classic Chocolate Bars
Select Varieties.
100 g.



2/\$9

Cadbury Chocolate or Maynards Candy
Or Dentyne or Trident Gum 40's - 60's.
Select Varieties. Maynards Candy:
308 - 315 g. Chocolate 147 - 200 g.

Chilled & Frozen



3/\$5

Milk 2 Go or Nestlé Milk Shakes
Select Varieties.
473 mL.



\$3

Yoplait Tubes or Minigo
Select Varieties.
Tubes 448 g.
Minigo 360 g.



\$2

Tropicana Juices
Select Varieties.
355 mL.



\$7

Starbucks Coffee Enhancers
Select Varieties.
828 mL.



\$6

Parkay or Lactantia Margarine
Select Varieties.
850 g.



2/\$8

Liberté Mediterranean Yogourt
Or Greek Yogourt 4 x 100 g.
Crunch 2 x 130 g. Select Varieties.
Mediterranean 500 g.



\$4

Cheemo Perogies
Select Varieties.
815 - 907 g. Frozen.



\$6

Dr. Oetker or Rustica Pizza
Select Varieties.
320 - 410 g.



3/\$6

Michelina's Green Box Entrees
Select Varieties. 255 - 284 g.
Pizza Snacks 128 g. Frozen.



4/\$5

Old South Punches
Select Varieties.
283 mL. Frozen.



\$5

Nestlé Parlour Frozen Dessert or Novelties
Select Varieties. Nestlé
Frozen Dessert 1.5 Litre.
Novelties 720 - 756 mL. Frozen.



\$10

Maple Lodge Farms Zabiha Halal Chicken
Select Varieties. 800 g.
Frozen.



12²⁹

Janes Chicken
Select Varieties.
700 g. Frozen.



\$24

Compliments Traditional Beef Burgers
Frozen. 2.27 kg.



\$10

Janes Battered Fish
Select Varieties.
450 - 510 g. Frozen.

Household & Pet



\$7

Compliments Paper Towel
2 Ply. 72 Sheet. 6 Roll.



\$4

Febreze Air Effects
250 g. Or Car Clips and Small Spaces. Each.
Select Varieties.



\$7

Lysol Disinfectant Wipes & Spray
Select Varieties. Wipes
75's - 84's. Spray 350 g.



4/\$5

Iams Perfect Portions Cat Food
Select Varieties. 75 g.



\$9

Compliments Scoopable Cat Litter
15 kg.

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Fresh Produce

2⁴⁹
Each/Lb

**Fresh Broccoli Crowns
or Mini Cucumbers**
Mini Cucumbers 6's. Broccoli Crowns
2.49lb 5.49/kg. Product of Canada/Mexico.



Fresh Meat

\$3^{lb}
6.61/kg

**Fresh Chicken
Thighs or
Drumsticks**
Thighs Backbone Removed.



\$7
Each

**Maple Leaf
Natural Selections
Luncheon Meat**
Select Varieties. 125 - 175 g.



2/\$8

**Dempster's
Bagels**
Select Varieties.
450 - 510 g.



\$12

**Compliments
Chicken Wings**
Select Varieties.
Frozen. 800 g.



\$4

Becel Margarine
Select Varieties.
Soft Tub or Sticks.
427 - 454 g.



2/\$4

**Compliments Juice
Or Punch.** Select Varieties.
1 Litre. ☼



2/\$12

Folgers Coffee
272 g.

Produce



2/\$4

Hass Avocados
Product of Mexico.



\$5^{lb}
11.02/kg

**Red, Green or
Black Seedless
Grapes**
Product of Chile.



\$3
Each

Iceberg Lettuce
Product of Mexico.



\$5
Each

Fresh Cauliflower
Product of Mexico.



\$6
Each

**Compliments
Potatoes**
Red or Russet.
Product of Canada.
10 lb/4.54 kg.

Meat*



4²⁹
9.46/kg

**Fresh Pork
Shoulder Blade
Roast**
Boneless.



6⁴⁹
14.31/kg

**Panache Flattened
Chicken**
Select Varieties.



\$13
Each

**Schneiders
Smokies**
Select Varieties.
900 g.



\$14
Each

**Maple Leaf Ham
Halves**
Select Varieties. 600 g.



2/\$6

**Compliments
Luncheon Meats**
Select Varieties. Sliced. 175 g.
Excluding Cooked Ham.

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DOLLAR DAYS

SALE PRICES IN EFFECT APRIL 18 - 24, 2024



\$8

Cracker Barrel Cheese

Select Varieties. Blocks 340 - 400 g.
Shredded 250 - 320 g.



I Can't Believe It's Not Butter

212 g.

\$1



2/\$3

Sparkling Ice Water

Select Varieties.
503 mL. ♻️



Coca-Cola Mini Cans

Select Varieties.
6 x 222 mL. ♻️

2/\$9



\$4

Best Buy Orange Juice

No Pulp. 1.6 Litre. ♻️



Butterball Turkey Bacon

Select Varieties.
300 - 375 g.

\$5

This symbol ♻️ denotes Plus deposit and/or environmental levies where applicable.

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DOLLAR DAYS



\$3

Best Buy Vegetables
Select Varieties. 750 g. Frozen.



3/\$5

Minute Maid Beverages
Select Varieties. Or Nestea Iced Tea or Fruitopia.
295 mL. Frozen.



2/\$5

Compliments Zaz Liquid Water Enhancer
Select Varieties. 48 mL.



2/\$7

Compliments Cranberry Cocktails or Blends
Or Ruby Red Grapefruit. Select Varieties.
1.89 Litre. Compliments Lemon Juice 946 mL. 🌱



2/\$5

Schneiders Grab 'N Snack Kit
Select Varieties. 45 - 48 g.



\$6

Compliments Grilled Chicken Strips
Select Varieties. 200 g.



\$15

Compliments Crispy Homestyle Chicken Pieces
Frozen. 1 kg.



2/\$3

Grandmother's Bake Shoppe Butter Tarts
Raisin or Pecan. 120 g.



2/\$5

Compliments Mini Donuts
Powdered 155 g. Old Fashioned Glazed 250 g.

DOLLAR DAYS



2/\$3

Nestle Single Chocolate Bars
Select Varieties. 40 - 60 g.



2/\$5

Dare Econo Pack Cookies
Select Varieties. 280 g.



2/\$6

Jolly Rancher Candy
Select Varieties. 182 - 198 g.



2/\$5

Compliments Potato Chips
Select Varieties. 200 g.



2/\$7

Pringles Potato Crisps
Select Varieties. 148 - 156 g.



2/\$3

Oh Snap Dill Pickle Bites
Select Varieties. 90 mL.



\$6

Compliments Creamed or Liquid Honey
Select Varieties. 500 g.



\$2

Compliments Apple Snack Cups
Select Varieties. 678 g.



\$1

Compliments Cup of Noodles
Select Varieties. 65 g.



Quality. Value. Guaranteed.

Compliments has you covered for whatever your everyday brings. From easy weeknight dinners to special celebrations, count on us for quality products at family-friendly prices.



\$5

Compliments Long Grain Rice

Or Parboiled White Rice. Select Varieties. 2 kg.



\$2

Compliments Soya Sauce

Regular or Less Salt. 450 mL.



2/\$5

Compliments Sauces

Select Varieties. 350 mL.



2/\$3

Compliments White Vinegar

1 Litre.



2/\$7

Compliments Mayonnaise Sandwich Spread

Select Varieties. 300 mL.



2/\$3

Compliments Prepared Mustard

225 mL.



3/\$5

Compliments Beans In Sauce

Select Varieties. 398 mL.



\$2

Compliments Tomatoes

Select Varieties. 796 mL.



2/\$3

Compliments Vegetables

Select Varieties. 398 mL.